



Swimming Statement 2023/2024

At Whitby Heath Primary School we offer a high-quality Physical Education curriculum which inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We provide opportunities for pupils to become confident in a way which supports both their physical and mental health and fitness.

As a school, we provide swimming instruction for one full term in Years 4, 5 and 6. Children are split into ability groups to ensure high-quality and relevant teaching.

The pupils are taught to:

- ✓ Swim competently, confidently and proficiently over a distance of at least 25 metres
- ✓ Use a range of strokes effectively (e.g. front crawl, backstroke and breaststroke)
- ✓ Perform safe self-rescue in different water-based situations

As a school, we keep a swimming matrix of all children in Key Stage 2 to track children's progress towards achieving the above bullet points.

Any children who have not achieved all three of these aims are offered 'Top Up Swim' sessions in Year 6 through our Ellesmere Port SSP. These daily sessions take place during Summer term and provide an intensive programme aiming that all children meet these National Curriculum requirements for swimming by the end of Year 6.

At the end of the 2023 -2024 academic year of our 60 children in Year 6, 58 children met all of the statutory requirements (97%).