

Whitby Heath Primary School

Excellence in a Caring Community



Personal, Social, Health and Citizenship Education (PSHE&C) Policy

Policy Written	Oct 2010	Signed
Reviewed & Agreed by Governors	Sept 2016	
Next Review	Oct 2019	

Updates made in Red 2016

At Whitby Heath Primary School we see Personal, Social, Health and Citizenship Education (PSHE) as being at the centre of all that we do. Through our bespoke curriculum, school environment and school ethos, we **actively promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.**

Aims

The aims of PSHE are to enable the children to develop the skills, knowledge, understanding and attitudes they need to be able to:

- Have respect for themselves and others, valuing the differences and similarities between people;
- Develop good relationships with other members of the school and wider community;
- Be independent, self-disciplined and responsible members of society;
- Be positive and active members of a democratic society;
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues and manage risk in their own lives.

Strategies / approaches to PSHE&C.

- Through the schools 'Applying Our Learning' cross curricular text based approach to learning PSHEC is linked within other subject areas
- PSHEC will also be addressed on a daily basis as questions and incidents arise. At times, teachers may choose to hold a Circle-time session in response to a particular event or issue.
- Assemblies provide a daily opportunity to enhance pupils' spiritual, moral, social and cultural development, promoting our school's values and celebrating achievement. These assemblies may be whole school, key stage or class assemblies. **The KeyStage Assemblies have a specific fortnightly focus on British Values and our work as a Rights Respecting school.**
- **The Learning Mentor has a significant role in developing and enhancing the ethos linked to PSHE&C working with individuals and small groups in a range of activities to support children in developing their personal, social and emotional awareness and commitment to the community.**
- **Whitby Heath behaviour management system supports the ethos of a Rights Respecting School and embraces key features of British Values and PSHE&C. The Class Dojo system rewards behaviour which reflects this ethos such as tolerance, kindness, respect to others, politeness, care in our community, initiative.**
- **The school council is established and meets fortnightly with the DHT. The children are voted democratically by their peers and are given responsibilities. The children are identified by a purple cardigan or jumper.**
- **Year 6 have a range of roles and responsibilities that support the community e.g. head girl and boy, librarians, prefects etc**
- **All staff provide a safe and engaging learning environment. Each class creates its own Class Charter in September of each year.**
- **Children are encouraged to take part in a range of practical activities to promote active citizenship, e.g. charity fund-raising; the planning of special events at school.**

Whitby Heath Primary School

- The school encourages a healthy lifestyle – KS1 children receive fruit, all children can access a healthy snack each day and milk. There is always water available. The school contracted a TA to support developing exercise and physical activity at playtimes.
- The school encourages involvement in wide range of afterschool activities and actively seeks involvement in inter school competitions.

At Whitby Heath there is an explicit bespoke programme to develop the children's understanding of health and well being encouraging their personal social and emotional development.

- Oral Health Workshops annually for Y1, Y3 and Y5
- Hygiene Workshops annually for Reception, Y2, Y4
- SRE workshops Y5 (parents invited) & Y6
- Health Eating Workshops annually all year groups (parents invited)
- Anti bullying Workshops annually Y4 & Y6
- Cyber bullying Workshop Y5 (parents invited)
- Drug Education workshops annually Y2,Y4 &Y6
- Residential visits for Y2, Y4 &Y6

Equal Opportunities

All children will have access to appropriate resources within the school. These will reflect a multi-cultural society, without stereotyping or discrimination. All children will be given the opportunity to participate in all activities regardless of gender, race or ability. (Refer to the Equal Opportunity Policy)

Community Links

Working in partnership with parents and carers and with the wider school community is an essential element of PSHEC. Parents are encouraged to come into school whenever they have any concerns or anything they would like to discuss with us. We hold regular parent class visits for parents to join with their children during lessons.

Assessment, Reporting and Recording

Assessment is an integral part of teaching and learning. Its purpose is to highlight success and achievement, as well as identifying areas that need further support. This information will then be used to inform future planning.

Links with other policies

This policy links particularly to the following policies:

Confidentiality,

Sex and Relationships Education

Drug Education,

Safeguarding

Behaviour Management

Equal Opportunities

Healthy Eating and Drinking.

SEND